



# Montana Summer BOW Workshop August 19-21, 2016

Join us for a weekend of self discovery and adventure in the Highwood mountains at the beautiful Arrowpeak Lodge!

becoming an



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Montana Fish, Wildlife & Parks

DISCOVER THE OUTDOORS  
DISCOVER YOURSELF

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## Montana Fish, Wildlife & Parks

## Schedule of Events

<u>Friday, August 19</u>		<u>Saturday, August 20</u>		<u>Sunday, August 21</u>	
Participant Check In	10:00 am to 12:00 pm	Breakfast	7:00 am to 8:00am	Breakfast	7:00 am to 8:00 am
Lunch	11:30 am to 12:30 pm	Session II	8:00 am to 11:30 am	Session IV	8:00 am to 11:30 am
Welcome/Overview	12:30 pm to 1:00 pm	Lunch	12:00 pm to 1:00 pm	Lunch	11:30 am to 12:30 pm
Session I	1:00 pm to 4:30 pm	Session III	1:00pm to 4:30 pm		
Social Hour	4:30 pm	Social Hour	4:30 pm		
Book Club Meets	5:30 pm	Dinner	6:00 pm		
Dinner	6:30 pm	Evening Program	7:00 pm		
Evening Program	7:30 pm	Door Prizes/Silent Auction	8:30 pm		

**Registration:** All successful applicants will be notified with a letter of confirmation and directions to the Arrowpeak Lodge. A waiting list will also be generated. Unsuccessful applicants will receive a full refund.

**The Camp:** Arrowpeak Lodge is located 40 miles east of Great Falls in the Highwood Mountains. This beautiful camp is located on 144 acres and borders the National Forest. The gravel road to this camp is good, but windy and bumpy, so take your time during the drive. Arrowpeak Lodge is owned by Montana Farmers Union.

**Lodging:** Arrowpeak Lodge has a dorm-style building with bathrooms/showers, 10 deluxe-private cabins, and fabulous space for tents and campers. If you stay in a dorm or cabin, your bedding is provided. The deluxe-private cabins have a queen bed, mini-fridge, microwave, AC, heater, bathroom and shower. These cabins can accommodate 1 or 2 people if you don't mind sharing a bed. The camp has a large shower building with 6 separate private shower rooms (each contains a shower, restroom and changing area). These are the nicest "camp" bathrooms we have ever seen!

**Hunter Education Certificates:** Participants in **Planning the Hunt** and **Taking the Shot** must attach a copy of their Hunter Education certificate. Participants in **Beginning Shotgun**, **Beginning Rifle**, or **Beginning Handgun** must attach a copy of their Hunter Education certificate or NRA certificate. If none, you must have attended the **BOW Basic Gun Handling** class at this or a previous workshop.

**Door Prizes:** Participants have a chance to win door prizes and raffle items at the workshop.

**Silent Auction:** This has become a fun tradition at the workshop. We invite you to bring items for the silent auction, and/or bid on items that interest you.

**BOW Gift Shop:** BOW logo clothing and other useful items are available for purchase during the workshop. All proceeds from the gift shop and silent auction go back to support the Montana BOW program. Cash, credit card and checks accepted.

**Car Pool:** If you are interested in car-pooling, check that on the registration form. We will generate a contact list for those who request it so you can make your own car-pool arrangements.

**Wildfires:** Unfortunately, Montana has suffered from drought conditions off and on for the last several years. If the workshop were cancelled due to the fire danger, all persons registered will receive a full refund.

**Contact Information:** Montana Fish, Wildlife & Parks -(406) 444-9940  
TTY/TDD - Telephone Device for the deaf-(406) 444-1200

**BOW Book Club:** Book lovers are invited to join the book discussion group Friday night. We are reading *The Bluebird Effect-Uncommon Bonds with Common Birds* by Julie Zickefoose. Make sure to read these chapters to learn about possible Montana bird sightings: tree swallows - page 16, chickadee - page 31, osprey - page 91, red tail - page 228, cranes - page 267. Bring your questions/comments for this book club discussion led by Kay Silk. Tweet!

# WORKSHOP DESCRIPTIONS

**Basic Gun Handling**-Learn about different types of firearms and the basics of firearm safety in this class. You'll see how different actions work, how to get the proper firearm fit, and how to safely handle and store firearms. No actual shooting will take place. *\* This class is a prerequisite for anyone who does not have a Hunter Education or NRA certificate and wishes to register for the rifle, shotgun, or handgun classes.*

**Birding Basics**- There's more to birds than bright colors and pretty songs. Just what is a feather? Why do some birds migrate hundreds of miles while others endure Montana winters? Why do birds sing? What's the best way to watch birds? Why are field guides organized the way they are and what's the best way to use one? You'll learn birding basics as well as hints for the best techniques for bird watching. *This is a good class to take prior to the Bird Watching classes.*

**Wilderness Survival 1**- Any outdoor activity can quickly go from fun to an unpleasant or potentially dangerous situation. Don't go outdoors unprepared! Learn the skills you need and the items you should always carry to survive an unexpected night(s) outdoors. *\* This is a prerequisite for anyone who wants to take the Wilderness Survival 2 class.*

**Montana Geology**-Learn how volcanoes, glaciers, earthquakes and other geological processes shaped Montana's landscape. This class will drive to interesting formations found near the Highwood Mountains so you can gain an understanding of how rocks, water and time created our fascinating geology.

**Planning the Hunt**-Interested in hunting deer and elk, but don't know where to start? This class will cover choosing the proper firearm and firearm fit, packing the necessary gear, using the hunting regulations, and identifying game in the field. You'll learn how to use maps and GPS technology to find places to hunt/sight in your firearm. Gain knowledge and confidence so you can get out in the field this next hunting season. *\* A Hunter Education certificate is required for this class.*

**Beginning Plant Identification**-This class will expose you to basic plant terminology, observation techniques, and helpful field guides. You'll have lots on "hands-on" identification of trees, shrubs and flowering plants while rambling around the meadows and forests near camp. This class is for someone with no previous formal experience with plant identification.

**Backpacking**-Learn the tips and trick of backpacking and other essential gear. This class will discuss loading a backpack and how to properly fit it to your body. Learn about clothing and footwear, cook stoves, water filters and other gear to help you backpack like a pro. Bring your backpack if you have one.

**Beginning Rifle**-Learn the fundamentals of rifle shooting, shooting positions and sighting techniques. This is a great opportunity for people new to shooting or who want to improve their skills. You'll have an opportunity to shoot .22 caliber and larger caliber rifles. *\* Participants must take the Basic Gun Handling class at a BOW workshop between 2014 and this year's workshop or attach a copy of their Hunter Ed or NRA certificate.*

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**Bird Watching**-Get outside for a bird watching adventure. Learn the basics of using binoculars and field guides and discuss bird biology and identification tips throughout the morning. Binoculars and bird field guides will be available to borrow, or bring your own. Dress for cool (windy or rainy) Montana mornings. Both beginner and veteran bird watchers are welcome. *Beginners will benefit by taking the Birding Basics class.*

**Maps & Compass 1**-Do you own a compass? Then learn how to correctly use it. Knowledge of land navigation skills is important for travelers in the backcountry. Bring a compass (or we'll loan you one) and learn to navigate with confidence using a topographic map. Some outdoor exercises are involved so dress accordingly. *\*This is the prerequisite for the Map & Compass Field Course class.*

**Introduction to Archery**-How do you hold a bow? What is a "nock?" This class will teach you how to select bows and arrows and show you other basic archery equipment. Participants will take part in stationary and aerial shooting and learn archery games. Bows will be provided for you.

**Waterfowl Hunting 101**-Are you interested in hunting ducks and geese this fall? Instructors for this class will demonstrate the abilities of several versatile dog breeds that can be used for waterfowl hunting. You'll see different types of hunting equipment from decoys to portable blinds and apparel. Gain an understanding of the bird hunting regulations and how to identify waterfowl.

**Introduction to Horse Packing**-Tired of carrying your camping gear on your back? Packing into the backcountry on your horse or mule is a fun and rewarding experience. You'll handle a variety of packing equipment and learn about leave no trace camping to minimize the effect of stock in the backcountry. Come learn what will work best for you and what your goals are for packing your stock. Long jeans, sturdy boots/shoes, and leather gloves are recommended.

**Basic Fly Tying**-Learn about fly tying techniques, materials, and tools as you create flies for your next fishing trip. Instructors will help you tie wet and dry flies and will teach you about the life cycle of the bugs they imitate. If you use cheater glasses please bring them to class.

**Cave Exploration**-Learn what caving is all about while you explore a limestone cave in the Belt Mountains. You'll learn about cave equipment and etiquette to ensure this cave will stay in pristine condition, to protect the bats, and to cave safely. Participants should be in good physical condition for the hike to and through the cave. A gear checklist will be provided. This class runs all day on Saturday; you won't attend a class in Session 3.

**Beginning Shotgun**-Learn the basics of shotgun shooting, patterning and different shot shell ammunition. Participants will learn proper shooting stance, firearm fit, and shooting techniques while shooting at clay targets. *\*Participants must take the Basic Gun Handling class at a BOW workshop between 2014 and this year's workshop or attach a copy of their Hunter Ed or NRA certificate.*

**Map & Compass 2-Field Course**-Bring your water bottle and hiking boots and put your navigation skills to work. This class is designed to let you practice what you learned in the previous Map & Compass class. You'll walk with a partner as you navigate to pre-set points on a map. *\*Participants must have completed the Map & Compass class at this or a previous BOW workshop.*

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**Nature Journaling**-Learn how to quietly observe nature, reflect on what you see, how you see it, and express this in a journal using words and images. This class is for *any* artistic skill level. You'll learn to develop an intimate relationship with the natural world, discover insights to ourselves, and have fun doing so. Bring a journal and the medium of your choice (pencil, pen, watercolors) if you desire.

**Emergency Medicine**-From broken bones, snake bites, Giardia and CPR, this class will provide you with the answers to emergency medical questions that can arise while you are enjoying the great outdoors. Whether your friend ran a stick through their leg while hiking in the Belts, or you develop crushing chest pain while scouting in the breaks, learn quick and dirty solutions to emergency medicine in the wilderness.

**Sausage Making 101**-Don't let making sausage intimidate you. Sausage was historically made from trim as a way to use otherwise unused scraps of meat and to keep it from going to waste. You can grind and season meat using equipment you probably already have at home. You'll learn about grinding methods and equipment, cuts of meat, fat, and casings while you make several types of sausage. Maximize your harvest and create delicious delicacies in your own kitchen.

**Bears, Bears, Bears**-Whether you are frightened or fascinated when you hear the word "bear," this class is for you. Learn about the life histories and habits of grizzly and black bears and what to do if you encounter one. You'll work through various practice scenarios so you can become more confident and safer in bear country.

**Wilderness Survival 2**-Your lost in the woods - now what do you do! See what it takes to set up your own survival camp in this hands-on class. Learn how to choose a good site and build a shelter, make fire, and how to signal for search & rescue. Find out if the stuff in your day-pack is what you truly need. *\*Participants must take the Wilderness Survival-1 class at this or a previous workshop AND bring a day pack with the items you would carry.*

**A Walk in the Woods**-Put on your hiking boots and hit the trail at the nearby Thane Creek trailhead. This class is more about exploring and enjoying the forest than hiking technique. Beginners are welcome. Be prepared for uneven and steep terrain.

**Taking the Shot**-While hunting you find yourself looking at a whitetail doe in a meadow. You steady yourself and take the shot...now what? Learn about tracking big game, shot placement, trailing a wounded animal, field dressing, meat care in the field, and ways to get your animal back home. You will also learn about meat processing and ways to cook your wild game. *\*Participants must take Planning the Hunt class and have a Hunter Education certificate for this class.*

**Beginning Handgun**-Learn the fundamentals of handgun shooting, selecting a handgun and safe handling and storage of handguns in the home. *\*Participants must take the Basic Gun Handling class at a BOW workshop between 2014 and this year's workshop or attach a copy of their Hunter Ed or NRA certificate.*

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## 2016 Montana Sponsors

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US Fish & Wildlife Service

# BOW Summer 2016 Workshop Registration

Name: \_\_\_\_\_ Number of BOW workshops attended: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Birth Year: \_\_\_\_\_ Must be 18 to Attend

In case of Emergency, call: Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Please list any special needs (medical, dietary, other). We will attempt to accommodate your needs.

Workshop Fee-includes instruction, class materials, and use of demonstration equipment.

Please choose lodging:

- ~~\$300 Private cabin and meals~~ **Cabins are full**
- ~~\$240 Two people sharing private cabin and meals. My roommates name is: \_\_\_\_\_~~
- ~~\$240 Dorm with bathrooms and meals My roommates name is: \_\_\_\_\_~~
- \$200 Tent/camper/RV space and meals
- \$185 Includes meals; I have my own lodging off camp site

Check/money order included with my registration. Make check payable to **FWP**.

Bill my credit card     Visa     Mastercard     American Express

Name as it appears on card: \_\_\_\_\_

Card # \_\_\_\_\_

Expires: \_\_\_\_\_ / \_\_\_\_\_      Security code on back: \_\_\_\_\_  
Month                      Year

**Please indicate your first (1), second (2) and third (3) choice options for each of the four sessions in the columns below. \* indicates a prerequisite. Please read course descriptions.**

Session I Friday Afternoon	Session II Saturday Morning	Session III Saturday Afternoon	Session IV Sunday Morning
<input type="checkbox"/> Basic Gun Handling	<input type="checkbox"/> Beginning Rifle*	<input type="checkbox"/> <del>Beginning Shotgun*</del>	<input type="checkbox"/> <del>Beginning Hand Gun *</del>
<input type="checkbox"/> Birding Basics	<input type="checkbox"/> Bird Watching	<input type="checkbox"/> Map & Compass 2-FC*	<input type="checkbox"/> Bird Watching
<input type="checkbox"/> <del>Wilderness Survival 1</del>	<input type="checkbox"/> <del>Map &amp; Compass 1</del>	<input type="checkbox"/> Nature Journaling	<input type="checkbox"/> Wilderness Survival 2*
<input type="checkbox"/> <del>Montana Geology</del>	<input type="checkbox"/> <del>Intro to Archery</del>	<input type="checkbox"/> Into to Horse Packing	<input type="checkbox"/> Walk in the Woods
<input type="checkbox"/> Planning the Hunt	<input type="checkbox"/> <del>Waterfowl Hunting 101</del>	<input type="checkbox"/> Basic Fly Tying	<input type="checkbox"/> Taking the Shot*
<input type="checkbox"/> Plant ID	<input type="checkbox"/> Intro to Horse Packing	<input type="checkbox"/> <del>Emergency Medicine</del>	<input type="checkbox"/> Intro to Archery
<input type="checkbox"/> <del>Backpacking</del>	<input type="checkbox"/> Basic Fly Tying	<input type="checkbox"/> <del>Sausage Making 101</del>	<input type="checkbox"/> Plant ID
	<input type="checkbox"/> <del>Cave Exploration</del>	<input type="checkbox"/> Bears, Bears, Bears	<input type="checkbox"/> <del>Bears, Bears, Bears</del>

# BOW Summer 2016 Workshop Registration

Name: \_\_\_\_\_

**Complete if staying in the dorm:** Circle one: I am a night owl or an early bird

\_\_\_\_\_ Teachers-I would like to receive OPI Renewal Units

\_\_\_\_\_ I will participate in the BOW book club on Friday afternoon

\_\_\_\_\_ A list of participant's names, addresses, phone numbers and emails will be included in each participant packet. Check here if you would like your contact information included.

\_\_\_\_\_ I am interested in carpooling.

**T-shirt size, circle one (women's sizes):** Small Medium Large X-Large 2XL 3XL 4XL

**Scholarships:** A limited number of \$100 scholarships are available for Montana residents who are first-time participants. Please submit a one-page letter explaining your needs and why the scholarship would benefit you. Recipients will stay at the camp and should include a check for the balance of the workshop fee (depending on lodging choice). Preference is given to full-time students and single parent households.

**Cancellation deadline:** Cancel on or before August 5, 2016, to receive a full refund.

Cancellations made between August 5 and August 12 will incur a \$40.00 processing fee deducted from your refund. Cancellations between August 12 and August 18 will incur a \$100 processing fee deducted from your refund. You may also choose to send a substitute.

Mail completed registration forms and checks to:

Montana Fish, Wildlife & Parks

FWP-BOW

PO Box 200701

Helena, MT 59620-0701

Fax to:406-443-2561

**No registrations will be accepted by phone, email, or on forms other than this one.**

**Enrollment is limited. Classes and lodging will be filled as registrations are received.**

I fully understand and acknowledge that there are inherent risks and dangers participating in the BOW Workshop and that my participation may result in injury, illness or death and/or damage to personal property. I understand other participants, accidents, acts of nature or other events may pose dangers that are uncontrollable, and I hereby accept these risks and dangers. I affirm that I am at least 18 years of age and that I am in good enough health to participate in the workshop. I have read and understand the above warnings and risks, and agree to voluntarily participate in this training workshop. I understand that photos or video may be taken for promotion of the BOW program. I agree to allow the use of my image by FWP for any legitimate purpose, such as newsletters, FWP websites, and brochures.

Signature

Date