

# Snowshoe Class near Helena

*For beginners*

Registration Fee: \$10



**Saturday morning – February 21<sup>th</sup> 9:00 am – noon**

This class is for the beginning snowshoer. You'll learn about different types of snowshoes and practice your technique as we explore the forest around Moose Creek cabin near Rimini.

## What should I bring?

- Bring your snowshoes if you have them. Or you can borrow a pair from us.
- Wear sturdy snow boots or insulated hunting/hiking boots. They work best for strapping on snowshoes. (Bring what you have; we can make it work for this short walk!)
- Wear warm clothes and dress in layers. We recommend fleece, synthetic or wool underclothes, snow pants, winter coat, winter hat and mittens/gloves. Gaiters are good to wear if you have any.
- Bring a water bottle to carry with you in a pocket or fanny pack.
- Some people find it helpful to use ski poles when snowshoeing. Bring if you desire.
- Please DO NOT bring dogs. Please refrain from wearing perfume.

**Upon receipt of your registration form, we will contact you to confirmation your attendance.**

**Make checks payable to: FWP**

**Send checks and registration form to:**

FWP-BOW  
Liz Lodman  
PO Box 200701  
Helena MT 59620

**Sorry, no refunds if you can't attend.**



Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Evening Phone \_\_\_\_\_

Email Address \_\_\_\_\_ Year of Birth \_\_\_\_\_

I need to borrow a pair of snowshoes

Enclosed is my check for \$10 made to FWP

I fully understand and acknowledge that there are inherent risks and dangers participating in the BOW Workshop and that my participation may result in injury, illness or death and/or damage to personal property. I understand other participants, accidents, acts of nature or other events may pose dangers that are uncontrollable, and I hereby accept these risks and dangers. I affirm that I am at least 18 years of age and that I am in good enough health to participate in the workshop. I have read and understand the above warnings and risks, and agree to voluntarily participate in this training workshop. I understand that photos or video may be taken for promotion of the BOW program.

Signature \_\_\_\_\_

Date \_\_\_\_\_

2015 Snowshoe Saturday am